

# SIZING CHART

Never buy a used helmet or borrow someone else's helmet. Over time the protective foam in helmets will adjust to the contours of a user's head. A used or borrowed helmet may not offer as much protection as a new helmet.

## HELMET SIZE CONVENTION CHART

The size chart is only for reference. Always try the helmet on and follow this manual's instructions for a proper fit.

<b>SIZE</b>	<b>CENTIMETER</b>	<b>HAT SIZE</b>	<b>INCHES</b>
XXS	51-52	6 3/8 - 6 1/2	20 - 20 1/2
XS	53-54	6 5/8 - 6 3/4	20 7/8 - 21 1/4
S	55-56	6 7/8 - 7	21 5/8 - 22
M	57-58	7 1/8 - 7 1/4	22 1/4 - 22 7/8
L	59-60	7 3/8 - 7 1/2	23 1/4 - 23 5/8
XL	61-62	7 5/8 - 7 3/4	24 - 24 3/8
2XL	63-64	7 7/8 - 8	24 3/4 - 25 1/4
3XL	65-66	8 1/8 - 8 1/4	25 5/8 - 26
4XL	67-68	8 3/8 - 8 1/2	26 3/8 - 26 3/4
5XL	69-70	8 3/4 - 8 3/4	27 1/4 - 27 5/8